

Casal da Lobeira

Alto do Cidreira

Miroiços

As termas

Local privilegiado na casa eram as termas, sem dúvida. Os banhos – quentes e frios – constituíam ritual diário, para os senhores e seus convidados. Prática higiénica sim, mas pretexto também para convívio e oportunidade de se planearem negócios, estudarem estratégias de campanhas políticas a cumprir...

The *thermae*

Without a doubt we should consider the baths the most favoured area of the *villae*. The lord of the house and his guests enjoyed the luxury of hot and cold baths and plunges. This was not only a ritual of daily hygiene, but also the time and opportunity for social gatherings, business contacts and for politicians to plan their campaigns or how to fulfil their extravagant promises...